

Monday

Tuesday

Wednesday

Thursday

Friday

2019

Offered Daily 1

Ice cold skim, 1%, or fat free chocolate milk offered daily.

2

Winter Break

3

You can pay for school meals through your IC account!



PD Day
No School Valley 7

Chicken Nuggets w/Roll
OR Mac N Cheese (V)
OR Roast Beef Deli
OR Cheese Pizza (V) 8

Fresh Broccoli Tops
Baked Beans
Assorted Fresh & Canned Fruit

Grilled Cheese (V) w/Tomato Soup
OR Popcorn Chicken Bowl w/Roll
OR Italian Sub
OR Hawaiian Pizza 9

Garden Salad
Sweet Corn
Assorted Fresh & Canned Fruit

Italian Dunkers
OR Rib-B-Que Sandwich
OR BBQ Chicken Wrap
OR Cheese Pizza (V) 10

Baby Carrots
Green Beans
Assorted Fresh & Canned Fruit

Juicy Hamburger/Cheeseburger
OR Corn Dog
OR Hot Ham & Cheese
OR Vegetarian Pizza (V) 11

Crunchy Celery
Hot Oven Fries
Assorted Fresh & Canned Fruit

H&S Breaded Chicken Sandwich
OR Pizza Pocket
OR Turkey Deli
OR Pepperoni Pizza 14

Garden Salad
Steamed Broccoli
Assorted Fresh & Canned Fruit

Crispy Chicken Tenders w/Roll
OR Cheese Ravioli w/Breadstick (V)
OR Roast Beef Deli
OR Cheese Pizza (V) 15

Cool Cucumbers
Refried Beans
Assorted Fresh & Canned Fruit

Delayed Start
Soup & Sandwich Combo:
Chicken Noodle Soup
OR Chicken Caesar Salad w/Roll
OR Italian Sub
OR Hawaiian Pizza
OR Italian Sub
OR Hawaiian Pizza
Garden Salad
Green Beans
Assorted Fresh & Canned Fruit 16

Assorted Fresh & Canned Fruit

Chicken & Cheese Taquitos
OR French Toast Sticks w/Sausage
OR Chicken Caesar Wrap
OR Cheese Pizza (V) 17

Baby Carrots
Crispy Hash brown
Assorted Fresh & Canned Fruit

Juicy Hamburger/Cheeseburger
OR Cheesy Bites w/Marinara (V)
OR Hot Ham & Cheese
OR Buffalo Chicken Pizza 18

Crunchy Celery
Garlic Fries
Assorted Fresh & Canned Fruit

MLK Day
NO SCHOOL 21

Taste it Tuesday

Chicken Nuggets w/Roll
OR Taco Salad w/Chips
OR Roast Beef Deli
OR Cheese Pizza (V) 22

Baby Carrots
Baked Beans
Assorted Fresh & Canned Fruit

Teriyaki Chicken & Rice Bowl
OR Cheese Quesadilla (V)
OR Italian Sub
OR Hawaiian Pizza 23

Garden Salad
Roasted Broccoli Tops
Assorted Fresh & Canned Fruit

"Fried" Chicken Drumsticks
OR Homemade Chili w/Cornbread
OR Turkey BLT Wrap
OR Cheese Pizza (V) 24

Cool Cucumbers
Mashed Potatoes
Assorted Fresh & Canned Fruit

Juicy Hamburger/Cheeseburger
OR Hot Dog
OR Hot Ham & Cheese
OR Vegetarian Pizza (V) 25

Crunchy Celery
Tator Tots
Assorted Fresh & Canned Fruit

H&S Breaded Chicken Sandwich
OR Bean & Cheese Burrito (V)
OR Turkey Deli
OR Pepperoni Pizza 28

Garden Salad
Sweet Potato Fries
Assorted Fresh & Canned Fruit

Crispy Chicken Tenders w/Roll
OR BBQ Pulled Turkey Sandwich
OR Roast Beef Deli
OR Cheese Pizza (V) 29

Crunchy Carrots
Green Peas
Assorted Fresh & Canned Fruit

Orange Chicken & Rice Bowl
OR Beef/Bean Tacos (V)
OR Italian Sub
OR Hawaiian Pizza 30

Garden Salad
Spicy Refried Beans
Assorted Fresh & Canned Fruit

French Toast Sticks w/Sausage
OR Chef's Salad w/Breadstick
OR Popcorn Chicken Wrap
OR Cheese Pizza (V) 31

Cool Cucumbers
Crispy Hash Brown
Assorted Fresh & Canned Fruit

Meal Prices:
Full Paid Lunch: \$2.95
Reduced Price Lunch: \$0.40
Adult Lunch: \$4.00



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Menu subject to change without notice.
This Institution is an equal opportunity employer.
In accordance with Federal law and U.S. Department of Agriculture (USDA) policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.

If your child has a negative balance or does not have money for meals, they will be offered a complimentary meal consisting of the fruits and vegetables of the day at no charge.

