

Monday

Tuesday

Wednesday

Thursday

Friday



LOOK FOR IN SEPTEMBER...

1

Taste it Tuesdays and Lucky Tray day will be back starting in September! Look for those days highlighted on next month's menu.

OFFERED DAILY

2

Ice cold skim, 1%, or fat free chocolate milk offered daily.
Yogurt meals offered T/Th only.

SEASONAL FRUIT

3

A variety of fresh seasonal fruit is offered throughout the month!



6

V = Vegetarian Option
N= New menu item

7

Welcome Back!

8

9



10

You can pay for school meals through your IC account!

13

Cheese Pizza (V)
OR Breaded Chicken Sandwich

Garden Salad
Corn Off the Cobb
Perfect Peaches
Seasonal Fresh Fruit

14

Kickin Chicken Nuggets w/Roll
OR Hot Dog
OR Yogurt Meal (V)

X-Ray Vision Carrots
Roasted Broccoli Tops
All "Mixed" Up Canned Fruit
Seasonal Fresh Fruit

15

Teriyaki Chicken & Rice Bowl
OR Cheese Quesadilla (V)

Garden Salad
Refried Bandit Beans
All-Star Applesauce
Seasonal Fresh Fruit

16

"Fried" Chicken Drumstick w/Roll
OR Meatball Sub
OR Yogurt Meal (V)

Cool Cucumbers
Mashed Potatoes w/Gravy
Amazing Apricots
Seasonal Fresh Fruit

17

Juicy Hamburger/Cheeseburger
OR Super Cheese Nachos (V)

Celery Swords
Tator Tots
Sponge Bob's Pineapple
Seasonal Fresh Fruit

20

Pepperoni Pizza
OR Bean & Cheese Burrito (V)

Garden Salad
Sweet Potato Fries
James & the Giant Peaches
Seasonal Fresh Fruit

21

Crispy Chicken Tenders w/Roll
OR Spaghetti w/Meatballs
OR Yogurt Meal (V)

Crunchy Carrots
Green Power Peas
All "Mixed" Up Canned Fruit
Seasonal Fresh Fruit

22

Orange Chicken w/Rice Bowl
OR Beef/Bean Tacos (V)

Garden Salad
Kickin Pinto Beans
Awesome Applesauce
Seasonal Fresh Fruit

23

French Toast Sticks w/Sausage
OR Poppin Popcorn Chicken w/roll
OR Yogurt Meal (V)

Cool Cucumbers
Crispy Hash Brown
Amazing Apricots
Seasonal Fresh Fruit

24

Juicy Hamburger/Cheeseburger
OR Soft Pretzel w/cheese & cheese stick (V) (N)

Celery Swords
Garlic Fries
Sponge Bob's Pineapple
Seasonal Fresh Fruit

ZCES 1st Day
27

Cheese Pizza (V)
OR BBQ Pulled Turkey

Garden Salad
Green Beans
Perfect Peaches
Seasonal Fresh Fruit

28

Kickin Chicken Nuggets w/Roll
OR Mac N Cheese (V)
OR Yogurt Meal (V)

Raw Broccoli Tree Tops
Baked Beans
All "Mixed" Up Canned Fruit
Seasonal Fresh Fruit

29

Grilled Cheese w/Tomato Soup (V)
OR Chicken & Cheese Taquitos (N)

Garden Salad
Sweet Corn
Awesome Applesauce
Seasonal Fresh Fruit

30

Italian Dunkers
OR Turkey Deli Sub
OR Yogurt Meal (V)

X-Ray Vision Carrots
Green Power Peas
Amazing Apricots
Seasonal Fresh Fruit

31

Juicy Hamburger/Cheeseburger
OR Super Beef Nachos

Celery Swords
Tator Tots
Sponge Bob's Pineapple
Seasonal Fresh Fruit

Meal Prices:
Full Paid Lunch: **\$2.75**
Reduced Price Lunch: **\$0.40**
Adult Lunch: **\$4.00**



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Menu subject to change without notice.
This Institution is an equal opportunity employer.
In accordance with Federal law and U.S. Department of Agriculture (USDA) policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.

If your child has a negative balance or does not have money for meals, they will be offered a complimentary meal consisting of the fruits and vegetables of the day at no charge.

